

University of Pretoria Yearbook 2018

Food composition and applied nutritional programmes 364 (VVW 364)

FacultyFaculty of Natural and Agricultural SciencesModule credits18.00ProgrammesBSc Food ScienceBSc NutritionPrerequisitesFST 351 and FST 352 or TDH

Undergraduate

Contact time 1 practical per week, 2 lectures per week

Language of tuition Module is presented in English

Department Food Science

Period of presentation Semester 2

Module content

Oualification

Generation, interpretation and application of food composition data in nutrition programmes. Chemical composition of foods: sampling for food analysis, assessing methods of food analysis for inclusion in food composition data. Interpretation of food composition data. Nutritional labeling of food. Use of nutritional data in food formulations. Dietary supplementation, enrichment and fortification of foods.

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